

## Global Heart • Sacred Space

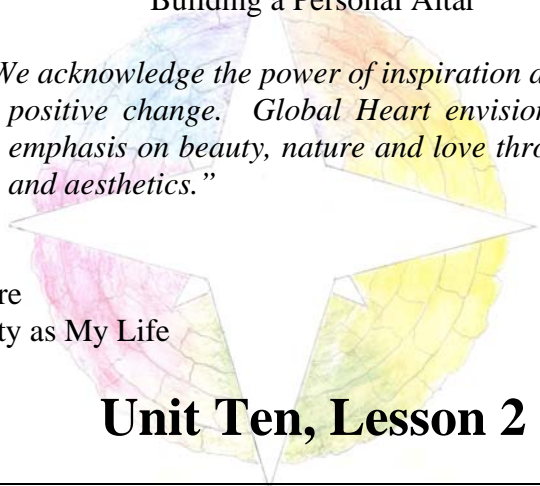
### Building a Personal Altar

Global Heart Connection: *“We acknowledge the power of inspiration and imagination for initiating positive change. Global Heart envisions a world which has renewed its emphasis on beauty, nature and love through a resurgence of creativity, art, and aesthetics.”*

Theme: Creativity

Core Concept: Creative Nature

Lesson Two: Divine Creativity as My Life



## Unit Ten, Lesson 2

<b>Teacher/Facilitator Notes</b>	<b>Grade(s): Multi-age / Primary, Ages 5-9</b>
<b>Global Heart Value:</b> Growth & Creativity	<i>We are all creative beings and through our own thoughts and growth, we can plant “seeds” for all good in the world.</i>
<b>Materials Needed:</b>	<p><b>BOOK:</b>  <u>Harold and the Purple Crayon</u> 50th Anniversary Edition (Purple Crayon Books) by Crockett Johnson (Illustrator), ISBN: 0064430227</p> <p><b>MUSIC:</b>                      Quiet Meditation Music</p> <p><b>SUPPLIES:</b>                      Paper and purple (or multi-colored) crayons                      Playdough of different colors                      OR – if older children – you can use clay that can be wrapped in plastic when done and sent home to dry                      Utensils for shaping playdough or clay</p>
<p><b>Set-up:</b>                      Time: Minimum 20 minutes and up to 30 minutes                      Purpose: To prepare the teachers’ consciousness and physical environment for maximum benefit of the children</p>	<p>Arrive 30 minutes before class starting time to make room clean, neat and orderly. Do a treatment for the class fulfilling the Highest Purpose for all present and that you are Divinely Guided in thought, word and action during it.</p> <p>Gather all materials needed for lesson, treatment container, offertory/gratitude container and activities centers</p> <ul style="list-style-type: none"> <li>• Set up table or box with altar cloth with playdough creatures</li> <li>• Put the books on sunflowers, seeds and sun (see book list in June Prep notes document).</li> </ul> <p>Set-up activity center items:</p> <ul style="list-style-type: none"> <li>• Set up lots of playdough and utensils to mold the playdough. Allow the children time to create whatever they want.</li> </ul>

<p><b>Pre-session:</b> Time: Up to 20 minutes into the hour depending on arrival of children. Purpose: To build rapport and begin to engage them in lesson and craft.</p>	<p>Method: <i>Greeting, sign-in, activity time, crafts</i></p> <ul style="list-style-type: none"> <li>• Parents sign their children in as they arrive and inform teachers of any concerns, needs for the day.</li> <li>• Welcome each child as they arrive and engage him or her in light conversation about themselves to establish rapport.</li> <li>• Children can play with playdough or other activity center items</li> </ul>
<p><b>Opening:</b> Time: 10 minutes</p> <p>Purpose: To connect with each other, become centered</p>	<p>Method: <i>Music, centering, offering, prayer, acknowledging each child</i></p> <ul style="list-style-type: none"> <li>• Bring all children into a circle and welcome them to the lesson time.</li> <li>• Do a teacher-led or practitioner-led treatment short opening prayer realizing the quality of Creativity for each child, family, community and the World.</li> <li>• Check-in: Invite the children to share their names and ages, etc.</li> <li>• Pass around the Gratitude Jar and bless the offerings the children have placed in it or on the altar.</li> </ul>
<p><b>Lesson Core:</b> <b>Time: 30 minutes</b></p> <p><i>Presentation:</i> (10 minutes) Purpose: To share the theme and content of the lesson</p>	<p>Today we begin a month on Creativity. We honor this month the vibrant creativity in our lives: within ourselves, nature, and our dads.</p> <p>Our theme today is: Creativity: Divine Creativity Within Me</p> <p>Read Book: <u>Harold and the Purple Crayon</u> 50th Anniversary Edition (Purple Crayon Books) by Crockett Johnson (Illustrator), ISBN: 0064430227</p> <p>Ask: What did Harold create with his purple crayon? Did he use his imagination to create? What is imagination? We believe imagination is like the Divine Power in us to create (like the divine power in the seeds we talked about last week)</p>
<p><i>Expansion/ Personalization:</i> (15 minutes)</p> <p>Purpose: To make the lesson point personally relevant to the students so they internalize it</p>	<p>Method: <i>Meditation, Arts &amp; Crafts</i></p> <p>First Meditation: Play soft music and ask the children to lie on the ground and close their eyes. Take them on a journey in their minds – seeing a world of wonder. Use images from the Harold book or other fun images you can help them “see” in their mind.</p> <p>After a few moments, let them open their eyes and return to the craft tables. Give each child a crayon and paper and have them draw what they “saw” – you may have to help them identify what they are drawing depending on the age and drawing skills! Label the drawings for sharing.</p> <p>AND/OR - give each child some playdough to create something they “saw” in their mind when they were being quiet.</p>

<p><b>Creative Expression A:</b> <b>(10 minutes)</b> <b>Purpose: To make the lesson point clearer through some space &amp; time experience</b></p>	<p>2<sup>nd</sup> Meditation: If have older primary-aged children</p> <p>Have children remain seated at the craft table. Give each child a lump of clay or playdough. Begin playing soft music. Have them old the lump of clay or playdough in their hands and Guide them through a meditation to imagine what is inside the clay ready to be expressed. With their eyes closed, have them mold/create the clay into the image they have in their mind of what is</p> <p>Ask – did what you created out of the clay already exist and you just revealed it? In Science of Mind, we believe all things exist in the “Mind of God” – we get the opportunity to reveal them here on Earth.</p>
<p><b>Creative Expression B:</b> <b>(10 minutes)</b> <b>Purpose: To make the lesson point clearer through some space &amp; time experience</b></p>	<p>If you have younger primary-aged children and extra time and have kids who like to MOVE!!</p> <p>FREEZE – CREATIVITY!</p> <p>Children love to move and create. Play the stop/start – or red light-green light game to music.</p> <p>Play some fun, upbeat music. Tell the children to act out any animal to the music and then stop when the music stops. See how many animals they can “create” from their imagination. Have each child shout out the animal s/he was “creating” in their actions. Compliment them on their “Divine Creativity”</p> <p>Play long enough so you can get all kinds of creativity flowing!</p>
<p><b>Closing:</b> Time: 5 minutes Purpose: To verify and confirm the understanding and acceptance of the lesson point and its application in daily life and reground students</p>	<p>Method: <i>Review, Closing Circle, song</i></p> <p>Review of Personal Altar: Ask if they have their Earth and recycling items from May are on their personal altars at home. Remind them that this month they will be learning about creativity and the sun so they will have wonderful new items to add to their altar.</p> <p>Closing Circle: If you desire – allow each child to take his/her drawing or playdough/clay creation home. Have each child hold up his/her creation and say: “I have Divine Creativity In Me!”</p> <p>Closing Prayer/Song: Choose a chant or prayer of happiness and creativity.</p>
<p><b>Post session:</b></p>	<ul style="list-style-type: none"> <li>• Tell each parent/guardian something positive about his/her child.</li> <li>• Give each parent a family “Heart Note.”</li> <li>• Put away materials and tidy the room.</li> <li>• Review the lesson and activities with the other volunteers to determine what was successful and what improvements to make for the next time.</li> </ul>

**United Church of Religious Science**  
**GLOBAL HEART ~ SACRED SPACE**  
*Building a Personal Altar*  
**CREATIVITY**

Dear Parents,

Today we continued our month on Creativity. We read the book "Harold and the Purple Crayon" about a boy created a world by using his crayon.

We used our Divine Creativity in a short meditation and made "creations" that we saw during our meditation.

We also got to "create" animals with our movement to music by acting out all kinds of animals we could create in our minds from our Divine Creativity.

Today's affirmation:

"I have Divine Creativity In Me!"

**Thank you for sharing your child with us.**

**FAMILY HEART NOTE**  
To place on your refrigerator  
**CREATIVITY**

Things to do with your child to enhance his/her Sunday experience:

- ❖ Find a place for your child's Divine Creation.
- ❖ Keep nurturing your child's plant from the previous week to help it grow strong.
- ❖ Reinforce to your child that s/he has "Divine Creativity" within and can use his/her thoughts to create.

**Thank you for sharing your child with us.**