

# Possibilities in Action

## LIVING IN TRUST AND GRACE

1. Spend 15 minutes, TWICE DAILY, seeing and speaking your mental image or idea.

### 2. My Daily Work

- Each day for 10 minutes sit still and see your life as fulfillment of every wish and dream you currently have.
- Write a letter or note someone you hold in gratitude for a week.
- Give freely and gratefully \$1 (or \$5-\$20) to someone or some cause or organization you do not know or familiar with.

### THE PINCH HITTER

1. Describe an experience you had at age 13 that changed your perception of the world in some way.
2. When and from whom have you received the opportunity to “pinch hit?”
3. Describe a time in which you were thrown grapefruits and/or Bayer Aspirins to hit.
4. Where in your life are you “crutching and legging” along?
5. What is your metaphysical take on the game of baseball?

# Rise Up! Wednesdays

## The Gathering

October 15, 2003

Prelude.....Catherine Espinoza, RScP

### Singing from the Heart OM Shanti

Raising the Light.....Maxine Garret

Welcome/Invocation.....Rev. Ron

Musical Inspiration.....Catherine Espinoza, RScP

Greetings..... Rev. Ron

Tales of Wisdom .....Catherine Espinoza, RScP

Lessons of Success and Power ..... Rev. Ron  
*“Gratitude as A Way of Life ”*

### Creating Wealth and Abundance in our Life - The Sharing of our Tithes and Offerings

### Affirmation for the week

Benediction..... Rev. Ron  
*“The Praising, Raising Prayer”*

### Next Week

Lesson: **“Abundance & Prosperity Completion Ritual”**  
with Bro. Ishmael Tetteh

**October 15, 2003  
Evening Inspirations**

Minister.....Rev Ron Threatt  
Meditation/Wisdom Tales.....Catherine Espinoza, RScP  
Practitioner Welcome.....Shem Sandefur, RScP  
Inspiration of Light.....Maxine Garret  
Sound Technician.....Richard McLaughlin,  
RScP

**Inspiration for the Week:**

*Qualities: Gratitude*

**“Gratitude as a Way of Life”**

*Study Points:*

1. LIFE IS A PARTNERSHIP WITH THE DIVINE.
2. WE ATTRACT TO OURSELVES WHAT WE MOST THINK ABOUT.
3. TRUST IN THE HIGHER LAW.
4. BE GRATEFUL; BE PATIENT..

**References:** Ernest Holmes, *Creative Mind and Success*, pages 83-85

**Affirmation for the Week**

All that I AM is about God. My mind only holds the visions and thoughts of the Divine Mind. I stand for God in all my affairs.

I AM free to expect and receive all my good with humility and gratitude.

I AM whole, complete and loved. And So It is.

**Growth Success List**

- ✓ **Clearing the Land for growth**
  - **Removed boulders and stumps of the past**
  - **I see my fruit as already complete**
- ✓ **Planting the Seed**
  - **My seed are planted in fertile soil**
  - **I Speak my word and it is done as I believe**
- ✓ **Nurturing New Growth**
  - **Taking risk and going deep**
  - **All in my life supports me**
  - **Weeding out Doubt**
- ✓ **Harvesting the Fruits**
  - **Opening to my Good**
  - **Receiving my Good**
  - **Attitude of Gratitude**