

HEALING THOUGHTS

"The secret of change is to focus all of your energy,
not on fighting the old, but on building the new.

--Socrates

"If we want to grab hold of a better future, we must let go of the past.
Newness needs a space made for it."

--Sharon Wegscheider-Cruse

I'm a survivor....

Being a survivor doesn't mean you have to be made out of steel,
and it doesn't mean you have to be ruthless.

It means you have to be basically on your own side and want to win.

--Linda Ronstadt

*"Forgiveness is a way of reaching out from a bad past
and heading out to a more positive future."*

--Marie Balter

"The world is round and the place which may seem
like the end may also be the beginning."

--Ivy Baker Priest

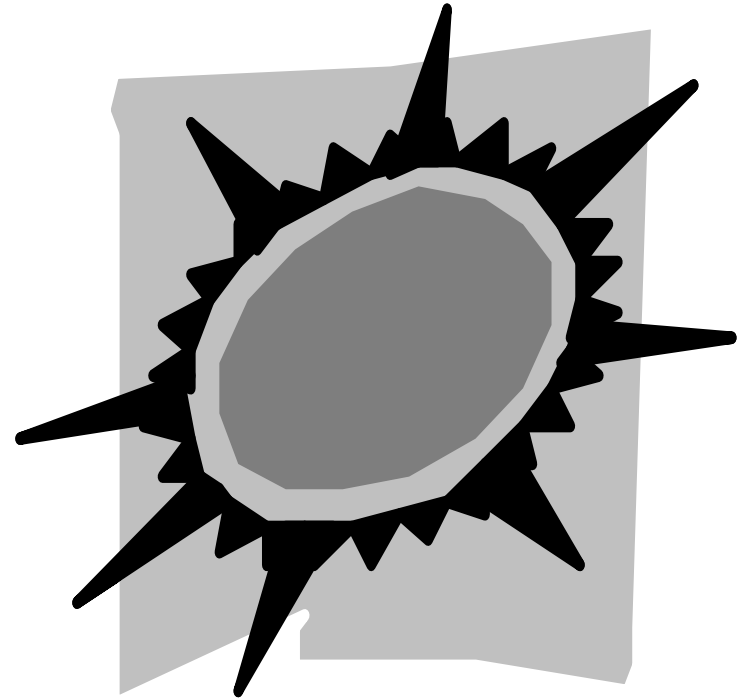
"Finish each day and be done with it. You have done what you could.

Some blunders have crept in; forget them as soon as you can.

Tomorrow is a new day; you shall begin it serenely and with too high a
spirit to be encumbered with your old nonsense."

--Ralph Waldo Emerson

A Rite of Passage....



ENDINGS
AND
BEGINNINGS

A Rite of Passage....

AFFIRMATION

*Today I am entering into a new life as a single person.
I accept and give thanks for the gifts I received and the gifts I gave
in my former relationship.*

*I invite the Divine Essence within me to forgive and release my
former partner.*

*I invite the Divine Essence within my former partner to forgive and
release me as well.*

I accept my freedom.

*I accept Divine Love in my life—loving me, healing me,
supporting and guiding me.*

I am whole, perfect, and complete, just the way I am..

*I enter every day with positive assurance that each moment reveals an
increasing unfoldment of good.*

*Right here and right now I am attracting to myself peace and
harmony, love, and joy. I see Spirit in every condition and
circumstance. My mind is open to the influx of new ideas, as I draw
upon the love, the goodness, and the beauty that are within my soul
and allow my consciousness to attract a heavenly world here on earth
within my being.*

I am blessed, and I am a blessing.

ENDINGS AND BEGINNINGS

PRELUDE

WELCOME

AFFIRMATION:

(Read affirmation on adjacent page)

MUSIC *"How Could Anyone Ever Tell You" - Karen Drucker*

CELEBRATION OF LIGHT

Take back your Light!

And let your Light shine!

BENEDICTION