

# UCRS On Visioning

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## **Definition of Visioning**

Becoming a space of deep listening available to hear Spirit's highest vision/idea for any individual/project/organization.

## **How it Works:**

A group comes together for the express purpose of visioning. A facilitator (using the same one in the beginning is helpful) brings the group together in prayer using recognition and unification steps of treatment. During the prayer, the facilitator activates unconditional love as the field that will hold the vision. The group rests in this place for a few moments. Out of the silence the facilitator will ask the following questions:

1. What is the highest vision or perfect idea for (person, project, organization)?
2. What must we become to empower the vision?
3. What must be released?
4. What must be embraced?
5. Is there any other information that we need in this moment?

## **Helpful Hints:**

1. Participants are encouraged to have paper and pen close to them. They are told that they can write down images, thoughts, colors, ideas that come through for each question. They will not lose center. They simply go back into the silence once they have written down what has come through.
2. Instruct each participant that there is no one way to receive the vision. It comes in many different forms. Sometimes it is just a feeling tone.
3. Visioning is an ongoing process. It is not a one time event. Over time, themes and a clear message of action will be revealed.

## **Sharing of the Vision:**

1. Each participant shares their vision out loud. Someone captures the visions for each individual. (The UCRS vision core emails their visions to the chair and they are compiled into one document). You will want to keep the transcribed visionings in one place for easy referral.
2. Themes from each sharing are captured. These themes will begin to inform strategy.