

## **Materials**

- Term I Exam
- Public Speaking support material

## **Evocation**

Student

## **Visioning**

Student

*Short visioning centers around success of tonight's events.*

## **Public Speaking**

*Public Speaking warm-ups relax students before speeches .*

1. Spend about 5 minutes or less on the exercises from Class 2 (Yawn, Stretch, Grin.)
2. Then spend 10 minutes playing one or two good energy games like:

## **Zip/Zap/Zop**

*(good for a group that is already comfortable with each other)*

- Assemble the group in a circle.
- Someone begins by pointing to another person in the circle and saying "ZIP!"
- That person then points to yet another person and says "ZAP!"
- That person points to another person and says "ZOP!"
- This continues, but the words must be said in order: ZIP, ZAP, ZOP. If someone mistakenly says a word out of order, everyone throw their arms up in the air and make a funny sound, like, "AHOOGAH!" and the game begins again.

## **Sound Ball**

- Students form a circle and one person throws an imaginary ball to another, making any sound as the ball is thrown.
- The receiver catches the ball, imitates the sound, then throws it to someone else, while making a new and different sound of his/her choice.

- Another fun gimmick to this game is that once the ball gets going, someone can start a second ball!

## **Clap Focus**

- One person in the circle picks a random person in circle and claps at them, taking a half step into the circle while doing so.
- The person that was singled out with the last clap immediately picks another random person out, by clapping at them.
- In turn the clapping flies back and forth across the circle.
- Ideally there will be a constant clapping noise.
- Eventually the players will be so attentive and so quick to respond it sounds like one person clapping rapidly.
- This warm-up usually ends when people's hand are denuded of flesh.

## **Speeches**

- Speeches take place in Sanctuary.
- 5 minutes each.
- Ask for volunteer to go first.
- Compliments, encouragement after each speech from facilitator and class.

## **Break**

## **Term I Exam**

*Instead of benediction, student does treatment for completion of exam with ease and grace. Students may leave when exam is finished.*

## **Assignments**

1. See Class 11 Homework.